

Homemade Pet Food Recipe

Healthy Pets Veterinary Hospital

Preparation time: 10 minutes

Cook time: 5 minutes

Serves: Avg 3-5 servings

Ingredients

- 1lb. ground meat: chicken, beef, or pork (5-20% fat)
- 2-4 oz. organic liver
- 1-2 eggs
- 2-4 cups fruit (apples, pears, melon)--finely chopped but NOT cooked, or lightly steamed + chopped veg. (carrots, celery, green beans, peas, squash). Its ok to use a mix of both fruit and veg.
- 4 cups well-cooked whole grains (rice or barley)
- 1 can sardines in water or oil
- 1 tsp fish oil or flax oil
- 2 tsp of Calcium Carbonate
- Multi-Vitamin supplement

Directions

Brown meat and liver, add calcium, sardines, and eggs. Do not overcook the egg yolks. Mix until combined. Turn off heat. Mix in prepared vegetables and/or fruits, then fold in cooked grains/starches. Add oils and multivitamins once the mix has cooled off. Keep covered and refrigerated until used. Serve 1 cup of food per every 20 pounds of pet, twice daily

Variations

1. For cats, add 500mg of Taurine to each meal before serving. Also, the carbs are optional for cats.